

# TAKE A BREAK



and go get your  
Meningitis B shot.

Meningitis B is a potentially deadly bacterial infection. You need two different meningitis vaccines (MenACWY and MenB). Few have had both, and it could save your life.



FOR EVERYTHING YOU NEED TO KNOW TO PROTECT YOURSELF AGAINST  
BACTERIAL MENINGITIS, VISIT [MENINGITISBACTIONPROJECT.ORG](https://meningitisbactionproject.org).

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**Meningitis B**  
**Action Project**  
a joint initiative by The Kimberly Coffey Foundation  
and The Emily Stillman Foundation